Newsletter

January. 2019 | Number 1

EuPEO

European Physical Education Observatory

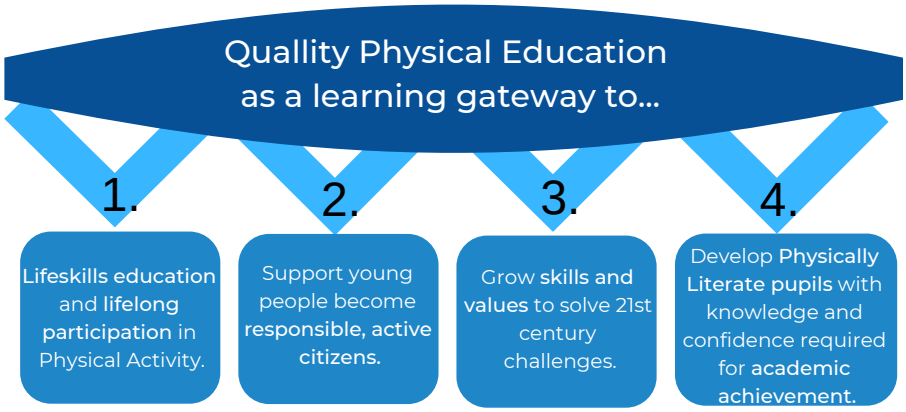
Co-funded by the Erasmus+ Programme of the European Union

Promoting a Quality Physical Education throughout Europe

EuPEO, an Erasmus+ Project

Rationale, project mission and aims

The role of Physical Education (PE) has been highlighted as the only curriculum subject with a focus that combines the body and physical competence with values-based learning and communication, providing a learning gateway to grow the skills required for success in the 21st Century, as citizenship promotion, health promotion through a lifelong participation in physical activity, social inclusion through the challenging of stigma and stereotypes, and academic achievement by improving a child's attention span, enhancing their cognitive control and speeding up their cognitive processing (UNESCO, 2015).



Source: UNESCO (2015). Quality physical education contributes to 21st century education- infographic.

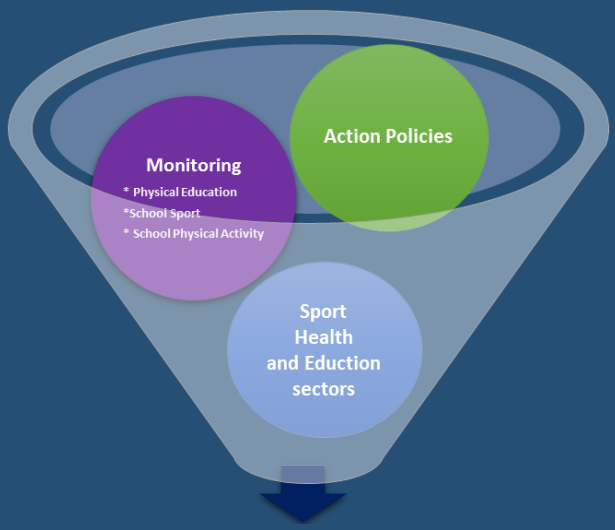
In order to harmonize the conditions of its educational offer for the promotion of an active and healthy citizenship,an evidenced-based approach is need to design and develop a manual and a toolkit to monitor, with an extended frame of indicators, the quality assurance of PE and HEPA in curricular and in extra-curricular time at school, especially considering the need for inclusion of critical populations.

European Physical Education Observatory EuPEO

The EuPEO project aims to convert former monitoring and evaluation experiences of PE, HEPA, public health and education sector into a comprehensive but applicable monitoring system by developing the EuPEO webpage, a manual for external monitoring (MEA) and a toolkit to prepare and provide internal self-monitoring (TIM) of quality PE and School Sport (SS). During a three years study, the partners will be involved on the construction and validation of these instruments, as well the dissemination and exploitation of results.

European policies, legislation, research and high-profile reports in the field of sport and education identified the necessity of regular monitoring of Physical Education, School Sport and Physical Education teacher education, across the 28 European Union member states.

Bridging the gaps between...



... Towards a Quality Physical Education throughout Europe

Newsletter

January. 2019 | Number 1



A collaborative partnership between

- European Physical Education Association (EUPEA)
- Faculty of Human Kinetics, University of Lisbon (FMH-UL)
- Portuguese Physical Education Society (SPEF)
- Willibald Gebhardt Institute (WGI)
- Deutscher Sportlehrerverband (DSLV)
- Federal Institute of Sport (SFISM)
- Swiss National Physical Education Association (SNPEA)
- Faculty of Sport, University of Ljubljana (FoS-UL)
- Faculty of Physical Culture, Univerzita Palackého v Olomouci (FPC)
- Hungarian School Sport Federation (HSSF)
- Syndicat National de l 'Education Physique (SNEP)
- School of Education, University College Cork (UCC)
- Koninklijke Vereniging voor Lichamelijke Opvoeding (KVLO) *Participant Observer*
- Mullier Institute (MI) *Participant Observer*

EuPEO Development Process

Meetings, Intellectual Output production and dissemination, Multiplier Sport Events

EuPEO project has a work programme for a three-year (2018-2020) length. It is scheduled in two main parts, composed by four work packages (WP) with thirty one activities.

Part 1		Part 2	
Preparation	**Development of instruments for data collection | Preparation of MEA and TIM**	**Production of MEA and TIM**	**Professional and scientific dissemination**
Administrative Handbook Website Dissemination materials	National Extermnal Assessment Systems (NELAS) in Physical Educatin European Country Questionnaire (ECQ) European School Questionnaire (ESQ) National Intermediate Reports (IO1) European Intermediate Report (IO2) European Pupil Questionnaire (EPQ)	First version Pilot test Final version of MEA and TIM and its instruments	Organize eight multiplier sport events EuPEO Final Report EuPEA Forum 2020
WP 1	WP 2	WP 3	WP 4
Year 1		Year 2	Year 3

Source: EuPEO Project (p. 25-28) - Project design

Transnational Project Meetings

1st - January 2018, Lisbon (FMH-UL)

2nd - March 2019, Paris (SNEP)

3rd- September 2019, Ljubljana (UL)

4th - March 2020, Munster (WGI)

5th- July 2020, Macolin (EUPEA)

Intellectual Output

1st- National Intermediate Reports

2nd- European Intermediate Report

3rd - EuPEO Manual for External Assessment

4th- EuPEO Toolkit for Internal Monitoring

5th- EuPEO Final Report

Multiplier Sport Events

Between April and June 2020, each country partner will present a conference, seminar or event sharing and disseminating the intellectual outputs implemented by EuPEO.

Theme: "Quality Physical Education From Cooperation Between Researchers, Policy-Makers, Schools and Teachers."

Event to be accredited as professional training activity for PE teachers and coordinators, including researchers and policy-makers on education and sport to disseminate the EuPEO Manual and EuPEO Toolkit.

Newsletter

January. 2019 | Number 1



What about the EuPEO´s first year project ...

First year activities description and accomplishments

Lisbon's transnational meeting allowed us to officially launch EuPEO's project and take general decisions to be included in the EuPEO Administrative Handbook, EuPEO Webpage and prepare all the activities of the 1st year project, namely those concerning EuPEO data collection instruments and intellectual outputs (IO1 and IO2).





Photo: (1) Erasmus+ Sport 2017 - coordinators' meeting, Brussels; (2) EuPEO 1st meeting, Lisbon.

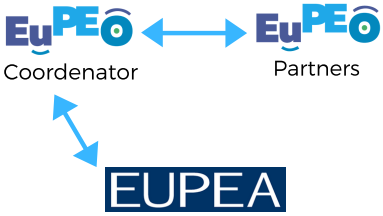
The first year project began with activities dedicated to the preparation of partners and participants to deal with the requested tasks (WP1).

- The EuPEO Administrative Handbook was created to guide all partners during the project, by detailing all tasks, dates, responsibilities and expected procedures.
- The EuPEO Webpage synthesize the information concerning the EuPEO purposes, procedures, process and products. Moreover, this page will support the access to online questionnaires and dissemination of all the information concerning the European Physical Education Observatory.
- A Dissemination Strategy was defined through a collaborative work between partners, during EuPEO Project planning and describe the dissemination plan and measures aimed at sharing the outcomes of project within and outside the participating organizations, and the quality of measures to ensure visibility and media coverage of the events/activities and of the EU support.

... outside the participating organizations



... inside the participating organizations



Prospect new international partnerships to fund and widen the EuPEO experience in the future !

EuPEO Europe wide presentations

22-25 February 2018, Florence
EUPEA Board Meeting
"EuPEO Project presentation"



27-29 June 2018, Lisbon
Conseil Européen des Recherches en Éducation Physique et Sportive (CEREPS) & Faculty of Human Kinetics (FMH)
"Monitoring Quality Physical Education and Physical Activity in School Settings: Realities and Perspectives"



25-28 July 2018 , Edinburgh
Association Internationale des Écoles Supérieures d'Éducation Physique (AIESEP) World Congress 2018
"EuPEO Seminar"



15-16 November, Budapest
European Physical Education Association (EUPEA) and Hungarian School Sport Federation (HSSF)
"The EuPEO project: a European Physical Education Observatory to monitor Physical Education in Europe"



Several partners have being in contact with their national authorities for education, sport health in order to present EuPEO´s aims and process, and obtain their endorsement/ support.

Newsletter

January. 2019 | Number 1



Next Project activities...

- Application of the online EPQ, data collection, database development and analysis.
- Three-days workshop (Paris, march 22nd to 24th) to evaluate the 1st part and prepare the 2nd part of the project;
- Meeting with UNESCO on March 21st.
- Review of ECQ, ESQ, EPQ, and NELAS.
- Preparation of MEA and TIM.

Acknowledgements

EuPEO´s project partners would like to acknowledge all the participants that contribute to the successful completion of this first phase.

EuPEO´s participant schools, teachers, students and external collaborative organizations, namely those belonging to the education, sport and health sectors, have a fundamental role in the development of the European Physical Education Observatory (EuPEO) and the accomplishment of its mission: quality Physical Education promotion throughout Europe.

Thank you all !

The second work package (WP2), started during the first year project, is dedicated to the development of four questionnaires to collect the data on Physical Education, School Sport and other forms of Physical Activity quality indicators (pilot phase), aiming to support the preparation of the Manual for External Assessment (MEA) and the Toolkit Internal Monitoring (TIM). Three questionnaires were initially developed:

- European Country Questionnaire (ECQ): this questionnaire is based on the PE and SS quality indicators suggested by the reviewed documentation. It is self-administered. The target group is the representatives of the National Associations of Physical Education Professionals of each partner country.
- European School Questionnaire (ESQ): the online questionnaire is based on the PE and SS quality indicators suggested by the reviewed documentation. The target group is the coordinators of the Physical Education group / department from a minimum of twelve schools (each country) that included the last year of compulsory education in each country.
- National External Learning Assessment Systems (NELAS) in PE: allow s the identification of the focus and procedures adopted in each partner country regarding the external learning assesment in Physical Education. The target group is the representatives of the National Associations of Physical Education Professionals.

Questionnaire Themes

ECQ	ESQ	NELAS
PE National Strategy	Community Partnerships (Public and Private)	Existence and characterization of PE external assessment of learning outcomes, in the following domains:
Curriculum Flexibility (ISCED 0-3)	Curriculum Flexibility (last compulsory grade)	Physical domain
Teacher Workforce	Facilities, Equipment and Resources	Psychological domain
Teacher Education (ISCED 0-3)	Teacher Workforce	Social domain
	Teacher Education	Cognitive domain

After the phase of data collection, treatment and analysis of ECQ, ESQ and NELAS, the National Intermediate Reports (IO1) and European Intermediate Report (IO2) were produced with preliminary data and recommendations. The main conclusions from these documents allowed the construction of the fourth survey, the European Pupils Questionaire (EPQ).

- European Pupil Questionnaire (EPQ): The sample will be constituted by 50% of the students of the last educational compulsory year of each participant school, in all country partners.

EPQ	
	Community Partnerships (Public and Private)
	Physical Education curricular development conditions (Facilities, Equipment and PE Learning conditions)
	Curriculum Flexibility (PE, SS, and other forms of PA in last compulsory year)

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